



LWFCI-UK



LAY WITNESSES FOR CHRIST INTERNATIONAL – UK

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NEWS LETTER & HIGHLIGHTS OF THE YEAR 2019

LWFCI-UK is a non-profit organisation and registered Charity in the UK, which operates in Bromley. We reach out to children, young people and adults from the local communities, in order to positively impact their lives through various programmes. LWFCI offer Sports Clubs which consist of sports activities such as Football, Basketball, Fitness, Yoga and mindfulness. We also offer Tutoring and creative social activities for children with special educational needs, as well as a Support forum group for parents and carers, with a training and employ-ability skills programme which assists people to better their life.

This year has been eventful for us here at LWFCI-UK, but before it becomes a distant memory, we would like to take the time to highlight the various things that we have been doing throughout 2019.

Highlights Of Our Project Work

- We have continued to provide our useful weekly sessions of Tutoring and Creative social activities for Children with Special Educational Needs giving carers a short break.
- Our family support group has resumed and we have continued to provide carers with beneficial information and support.
- We have continued our Destiny Children SEN Club in the area of Orpington for SEN children aged 8-14 years, which takes place on Wednesdays evenings between the hours of 5-7pm.
- We have arranged various family day outings and educational coach trips for the beneficiaries of Destiny Children's Project and their families, as part of the educational and fun activities which we run during the half term breaks.
- We continue to provide weekly session of Exercise Fitness and Yoga for women and girls running every Saturday from 9:30am at the Orpington Fire Station.
- Inclusive Football for boys and Girls in Orpington has been going from strength to strength with, our sports team winning a friendly tournament during the summer!
- Inclusive basketball for young people had been running successfully on Monday evenings in Bromley from 5-6pm.
- We have continued our fitness and exercise classes for woman and girls on Saturday mornings, which has been a useful contribution to our participants' wellbeing.
- We have been running coffee mornings and have organised a charity walk in order to raise vital funds for our projects
- We organised a Christmas party in December for all of the recipients of our project. The Children had a wonderful time, sang festive songs and entertained us by performing a nativity play. We arranged an entertainer and Father Christmas arrived with gifts for all of the children.
Many thanks to Bromley Children and Family Voluntary Sector who organised the donations of Christmas gifts. Also thanks to The Entertainer, Tesco's, Marks and Spencer and Sainsbury's for their donations, as well as to our staff, volunteers and parents for their support.

Update of Destiny Children & Family Support Project

Overview of the Project



- The project also offers a Support Forum group for Parents and carers, where they meet together on the 1st Monday of each month to share information and personal experiences, learn new tips from professional guest speakers, network with each other, as well as meet new people.
- The Project has been running monthly since November 2015, and continues to support Families who have children with a range of disabilities such as Autism, ADHD, speech and language difficulties, as well as other learning disabilities, to learn and connect.

Destiny Children and Family Support project is managed by LWFCI-UK and led by a team of staff and volunteers, whom the majority are themselves parents or carers of children with special needs and learning disabilities.

Sessions run every week on Mondays from 5-7pm at Bromley URC, BR1 1RY. Children and young people receive tutoring support in Maths, English, Reading, Writing, and Creative Social Activities to boost their communication and learning development.

☐ **Destiny Children and Family Support Group is currently funded by BBC Children in Need and the National Lottery community Fund award for all ”.**

We appreciate their funding for these beneficial projects.



UPDATE ON THE PROJECT AND ITS IMPACT

- Destiny Children and Family Support Group continues to grow, with the number of attendees increasing. We have and will continue to recruit more volunteers to support this demand.
- We have been accumulating positive outcomes, through our clubs and have seen good changes and personal development among children and their families. The project is increasing social communication and bonds between children, their parents, and peers, and is helping children and young people to develop good self esteem, which improves social integration in the process.
- Children and Young people learn to connect more during social activities and Family Fun day outings, which encourages friendships. Parents and their children get to spend quality time enjoying themselves, whilst on trips together.
- Children often learn to design and take turns in choosing topics to be covered during tutorial sessions, all of which build learning skills, encourage independence and choice, foster creativity, build leadership skills, as well as engage them more in their community.



Destiny Children SEN Project in Orpington

- We are pleased that our Destiny Children's Club in Orpington for SEN children aged between 8 and 14 years is doing well. The club takes place on Wednesday's between 5pm and 7pm at Mountfeld Community Centre.

This club enables older children to participate in arts and craft, educational games, social fun activities, learn about life skills, outdoor play, as well as other activities for their age group, and is well attended.

- ❑ Thank you to Clarion Futures and the National Lottery Community Fund supporting this Project to run in Orpington.



Continued..

- Children get the opportunity to engage in indoor play as well as outdoor play during the warmer seasons, giving them flexibility and choice
- This club is well attended each week with children not only enjoying the activities on offer but the social aspect of it too.



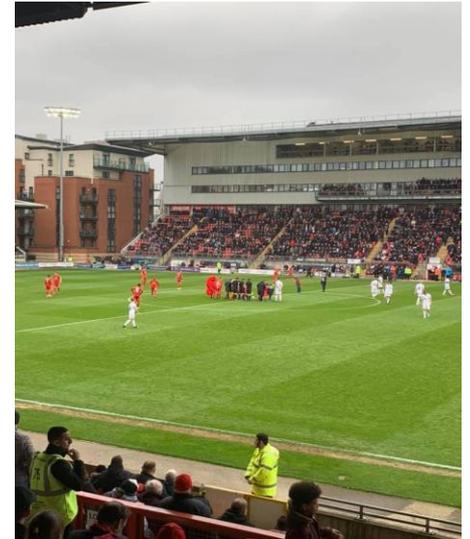
Family Support Forum Group

- The Family Support forum Group gives parents and carers the opportunity to come together with the aim of exchanging and sharing Information and experiences, as well as to discuss common issues. We try to arrange for professional guest speakers to attend meetings in order to provide information and support to our members. Meetings take place at 5pm on the 1st Monday of each month, at Bromley United Reformed Church.
- In June we hosted a learning disabilities Strategy event in collaboration with Bromley Mencap. Guest speaker Helen Sharp from Ideas Alliance gave parents and carers the forum to voice their opinions and concerns about the services in Bromley that affect them. The event went well and was a great opportunity for discussion and information.
- In July our guest speaker Pelin Ahmet, the information officer of the Bromley Disabled Team shared information on short breaks, personal budgets and CAF Assessments.
- In October, Lorraine Parkes , Manager of the Information, Advice and Support Service Bromley (IASS) was our guest speaker of the forum and she shared valuable information about school annual review, transition and relevant support services available to SE N Families in Bromley.



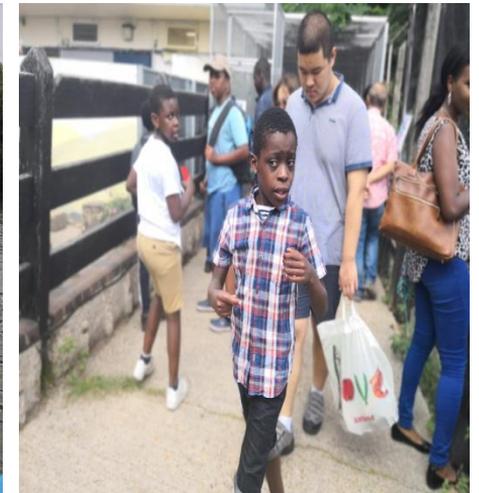
Family Day Outings And Educational Day Trips

- We have had an eventful year by organizing and arranging various trips and activities for our members, as part of our Destiny Children's half term programme.
- In April we were awarded free tickets by Clarion Housing and Breyer Group giving Opportunity to our members to have a day outing coach trip and watch a live Football match between- Halifax town and Leyton Orient FC in Leyton East London.



Trip To Crystal Palace Park

- We organised a picnic trip to Crystal Palace Park in the summer break, where families and children enjoyed a picnic together, and explored the park's various facilities.
- As you can see from pictures families are spending quality time together whilst partaking in the activities featured at the park.



Trips Continued...

- In August we organized a group swimming trip to the Pavilion leisure centre in Bromley where Children had an enjoyable time with their friends and families.
- Swimming is an activity that many of our children and families enjoy. It is even better when they go swimming with their peers!



Coffee Mornings To Raise Funds!

We have been fundraising to help children with learning disabilities to learn and connect. We support children that have a range of disabilities which include autism, ADHD, speech and language difficulties, as well as other disabilities.

Our volunteers has been helping to raise valuable fund to continue our charitable activities. Thanks to our volunteers and supporters !



Bouncy Castle Fun!

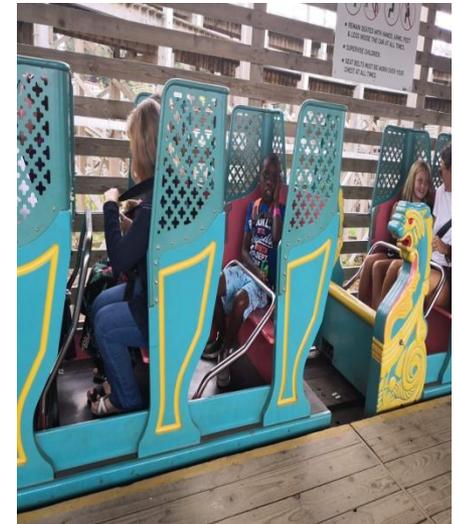
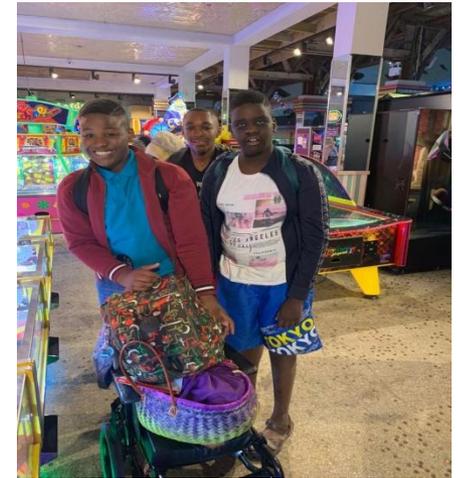
➤ We hosted a fun day in the summer, which was well attended by families. The event included a bouncy castle, which kept our children energised, as well as face painting, soft play, food and music.

➤ Children and families had opportunity to get together as a group to play, socialize with others, and have fun in a secure environment.



And Off We Went To Margate!

- We organised and went on an educational coach day trip to Margate in the Summer, where children and families enjoyed the beach and ventured onto the rides in Margate's famous Dreamland Amusement Park!. Families also explored Margate Caves and the Turner Art Gallery as well as a host of vintage shops and cafes in the Old Town.
- It was nice to see children and families spending good quality time together and have fun regardless of daily challenges.



More Fun!

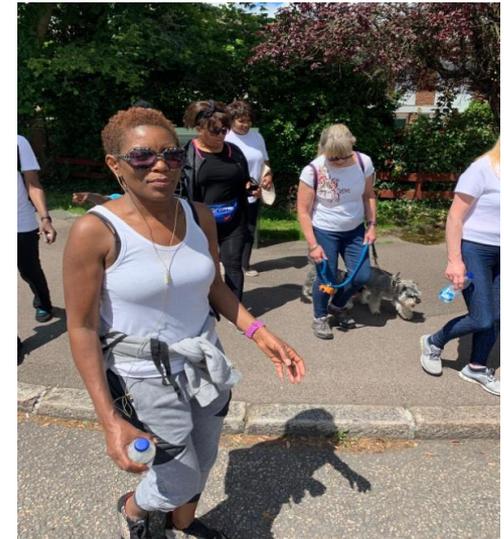
- Plenty of fun was had by all and the children and their families enjoyed roller skating as well as the arcade facilities



CHARITY WALK

➤ In June we organised a charity walk to raise funds for our Destiny Children's project in collaboration with Winnings Stars and CMC Foundation. It turned out to be a lovely day with participants socialising as they walked. We managed to walk 12 kilometres.!

Thanks you to all of those who took part! Without your diligence and hard work, we would not achieved the intended goal. Thank you all for your tremendous help.



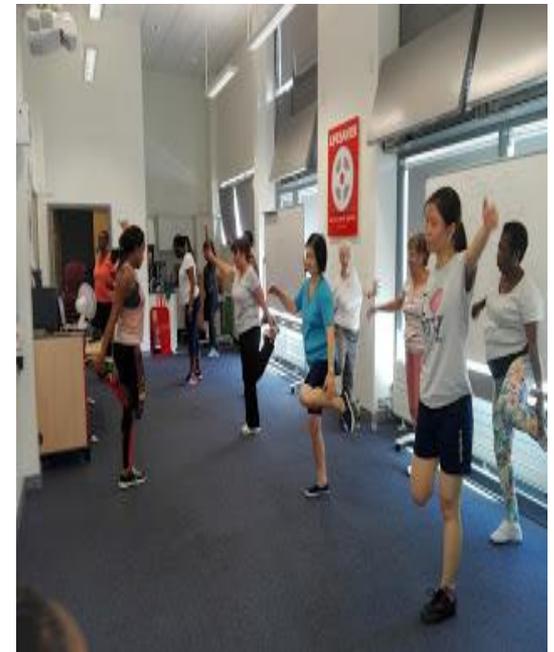
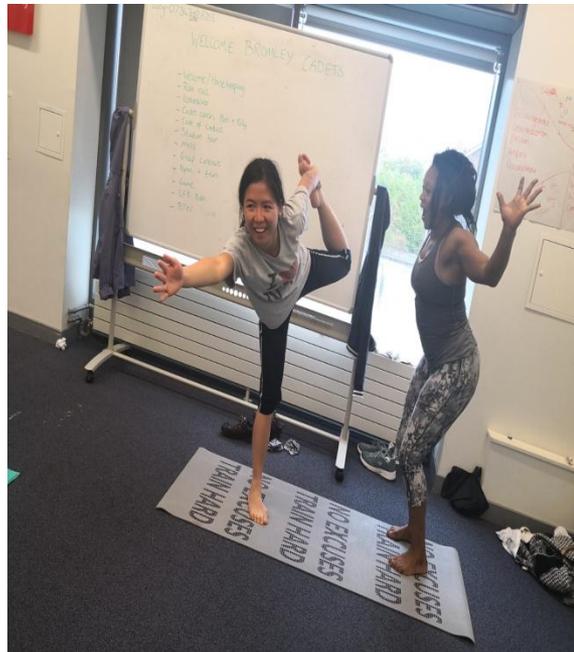
LWFCI SPORTS CLUB

LWFCI Sport Club is a sports project for young people and adults seeking to engage in weekly sports activities. We offer various activities of sports, including, exercise and fitness for women and girls, yoga , meditation, mindfulness, football for boys and girls, as well as basketball for young people.

The project is currently funded by Affinity Sutton (Clarion Futures and London Sport)

Exercise Fitness, Yoga classes for Women and Girls Orpington

- Women and Girls of all ages get the opportunity to Exercise and keep fit for life and to stay healthy . The sessions run every Saturday at the Orpington Fire station from 9:30am-11:30pm. We also host Occasional Workshops on Health, as well as cooking for wellbeing.



Inclusive Football for Boys and Girls in Orpington

- **Football is for all boys and girls aged 8-14 years, running every Saturday from 12pm -1pm in Orpington, at Harris Academy Football ground. This class is free to all Affinity Sutton (Clarion) residents, or a £1 per session charge for all other residents.**
- **Our football club has been going from strength to strength with a weekly turnout of boys and girls participating in football.**



Football Festival and Tournament

- Our football team took part in a community football festival during October 2019 in collaborations with Mytime Active, playing a tournament against MyFuture team as part of the Football Festival and Tournament. We are pleased to announce that our team LWFCI Sports Club won the tournament and the children were proud proud of their accomplishment. The Winning team received a Trophy and each team player received a medal and a T-shirt and certificate at the award ceremony.



Inclusive Basketball for young people in Bromley

Active Kids In Action!

- The aim of our sports activities is to develop people's confidence, self-esteem, aspirations, social development as well as improving their physical and mental health.



For The love of the game!

- Our Basketball sessions allow young people of all abilities to play basketball for good health and wellbeing. They learn to develop social skills, good behaviours, awareness of the love of God through sports, promoting sportsmanship, and fitness in a non-competitive environment.



Basketball Continued...

- Basketball continues to be an enjoyable and popular weekly club with our young people, with attendees gaining more confidence in their abilities as they progress over the weeks.
- We had our fit and fed basketball session and sports award event in summer term to celebrate participants. Young people were presented with certificates of sportsmanship for their achievements while participating in our weekly inclusive basketball session. Thanks to our coach_Duncan Lawrence and Kick London coaches as well as our volunteers for your hard work and commitment in supporting our young people playing sports



End Of Year Christmas Party

- 2019 has been full of weekly activities and community Events. We ended the year celebrating with children and families @LwfciUk.
- Our SEN children club did a small performance of the Nativity play, and every child and young person received a gift from Santa, with everyone having a great time.
- Thank you to all supporters, volunteers, staffs and members supporting our charitable work throughout the year. A HUGE THANK YOU to all our sponsors and funders Clarion Housing group, BBC Children in Need, The National Lottery Community Fund, and Global Giving supporting our projects work this year and we look forward to 2020 and make more impact in our COMMUNITY.
- Thanks to Panni of Panni Renner Photography for taking these quality pictures for our charity, thanks to Helen Dyer of Caspa for facilitating the donations of gifts toys for our children and thank you to Zebadee Kids Parties for sending Santa and Elf to entertain the children.
- Above all thanks to our Trustees of LWFCI-UK for your commitment to grow the charity. Once again happy new year and God bless you for your continuous support



Christmas Party Continued...



Testimonials and feedback quotes from Participants.

☐ " There has been growth in the number of participants attending and the coach is always on time. The kids look happy “

Parent member .

☐ "Opportunities to exchange parent experiences with other families as to what we have to encounter in everyday challenges as parents, and how we utilize our instincts to resolve those issues. Inclusion and acceptance is what my child gains from the group" -

Participating carer

☐ "It's very educational, and I feel connected when my child takes part in activities, it really helps to improve social skills and learning development "-

On behalf of the young participant

☐ "We are so grateful for this service. We really enjoy the trips and the break that I get during tutorial and SEN club ”

Parent Carer

Resources and how to connect with us.

Our office address is : LWFCI-UK, 20 Widmore Road, Bromley, BR1 1RY. Tel 0203 583 3005, Email: info@lwfci.org.uk

Donation link on to support this project on Global Global giving:
<http://bit.ly/2zMBWeE>

Website: www.lwfci.org.uk

<https://www.facebook.com/LWFCIUk>

<https://twitter.com/LwfciUk>

THANK YOU TO ALL OUR SUPPORTER, FUNDERS, STAFF, VOLUNTEERS AND MEMBERS FOR ALL YOUR SUPPORT IN THE PREVIOUS YEARS AND WE LOOK FORWARD TO WORK TOGETHER IN 2020 . YOUR SUPPORT WILL ALWAYS BE APPRECIATED . TOGETHER WE ARE MAKING A HUGE DIFFERENCE IN OUR COMMUNITIES.

