

**Are you a parent or carer  
of a person with special  
educational needs?**

If 'yes', you are invited to our monthly, free events where you can meet and share with other SEN parent/carers.



Come and join our get-together peer support forum. We want to hear from parents and carers of SEN young people to find out what matters most to families who are caring for those with special needs.

We want to discuss support strategies, what is helping you to manage and who you ask if you need help.

**OUR AIM**

To support each other as parent/carers of young people with learning disabilities, sharing experiences and knowledge to help shape the services that support us whilst spending quality time together building relationships and stronger support networks.

**DAYTIME**

1ST WEDNESDAY OF THE MONTH  
11:00AM-1:00PM

UNITED REFORMED CHURCH  
20 WIDMORE ROAD,  
BROMLEY BR1 1RY

FREE LUNCH WILL BE PROVIDED

**EVENING**

3RD MONDAY OF THE MONTH  
5:00PM-7:00PM

MOUNTFIELD COMMUNITY  
CENTRE, 17 SANDWAY ROAD,  
ORPINGTON BR5 3TU

MEET FOR A LITTLE "ME TIME"

**CONTACT US**

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WE ARE HERE TO HELP YOU!

**ZOOM: EVERY 6-8 WEEKS AS NEEDED | 5:00PM-7:00PM**



**SCAN ME**